DAILY MAGAZINE PAGE FOR EVERYBODY

The "Free Lance" Home Helper Here

Company for Dinner and the Maid Gone! But Worry Not, the Emergency Home Helper Will Come at Your Call.

Ever hear of an emergency home helper?

There is one in this town and here are a few of the things she

Cook, prepare and serve dinners in an emergency.

Purchase food supplies, prepare and serve on call, family din-

Engineer a party dinner entirely, clear up and leave all things, pantry, refrigerator and kitchen in a sanitary condition.

Prepare menus for next day.

Sounds like a dream doesn't it?

But is is an actual fact and the name of the emergency house-Leeper is Mrs. Edna B. Spear, a graduate of Drexel Institute, Phila-

By FLORENCE E. YODER.

for a woman to get and keep a respect-

water, hoed corn, dug potatoes, pick-

ed beans and berries, transplanted to-matees fed chickens, nursed chickens, petted them, comforted them in their scrows, and clipped the wings of

scrows, and clipped the wings of twenty-seven leghorn hens. For this I got a summer outing and free rent of a front room and a share of garden produce and ofteggs.

"August 1-15—Studied medical demonstration from a patent medicine firm, with view to future employment. August 15 to October 21, attended business, college, Wrote six moving picture photoplays; trimmed hats, washed and ironed my shirtwalsts, hung around typewriting

hats, washed and fronce my smirt-walsts, hung around typewriting aroncies, hunted rooms and tracked down cheap restaurants.
"October 27—Took civil service ex-amination. October 27 till November 1. convalesced from civil service ex-amination. October 26 to Nov 7, be-came a ray of sunshine in other pro-

pier lives Visited a sick friend, help-

ree days later got position av-negrapher to Washington business

business closed down, as he was trainen very ill, and sent to hospital or supical operation. An now indicinitely furloughed.

The total results of eight months

asiventures in job hunting: Assets-Cash for services, \$19.00, advice, warning, peake, criticism, prayers, benedictions, adventures,

Living expenses \$28.14.
However, Mrs. Spears is taking advantage of per tarining in a new way.
Flow is her card. It speaks for itself:

MRS EDNA B. SPEARS.
EMERGENCY HOME HELPER.
Economical Marketing, Wholesome

Cookery, Dainty Service, Will Care for Fine China and Table Linen, Table Silver.

No Waste.

Mrs. E. E. Spents, a graduate of docuestic science, Drevel Institute, Phila-cutiblia, amnoinces that she will serve patrons in their own homes. Prices

and experience.

When men fenset their preparations, this excellent profession will not be of the professions they don't all atach themselves to coutine werk under stipulated salary governed by some-

They free-lance.
They free-lance for a woman to get and keep a respectable lob, when she needs one, and is bright and has an education, and is entitled to live—let them read this list. It comprises the pursuits which Mrs. Spear has followed since she came to this city, on May 16, 1914. She says:

"June to August—Caretaker and co-operative gardening and house-keeping in a suburb. During this time I have cooked, washed dishes, swept floors, polished sliver, hauled water, hoed corn, dug potatoes, pick-

Mrs. Spear calls herself an emergency

name helper.
She is a graduate of Orexel Institute in Philadelphia, taught domestic science in the Battmore schools for six years, taught domestic science in the Battmore schools for six years, taught domestic science in the schools of this city for two years, and is thoroughly equipped to start out on her free-lancing.
One wonders why such a thoroughly emipped person doesn't get her school in back again, but here comes another story in itself.

She got married! And instantly after ner six years' service in Esitimore she become an ECONOMIC PROBLEM and. the refore without waiting to be solved, she automatically became a house-sper for one man, matead of serving the capacity of a teacher for the armation of hundreds of homes. and then after five years of married I e-suddenly she was a widow, with a training, theoretical practical and logogical, and she couldn't get a

het no one came up to ber at all, no oe seemed to think for a moment that he was again an ECNOMIC PROB-EM, but this time with the balance of justice on her side of the scales. Then she thought of the emergency ome helper idea, and she has carried out. Here is her care interested. out. Here is her own interpretation of what the emergency home-helper should be. She says:

There is need, in every large city, emergency home helpers to work long lines parallel to those followed

graduate nurses. They should enter homes during rises—during times of emergency and stress; they should have ready a uniform suitable to the work. In outfit of tools such as special knives, egg beaters, spatules, and materials cleaning silver, brass, marbl nd fine china: they should conduct sousehold affairs with expert of-ciency, in a professional way, with ked hours and suitable compensa-

Employers should treat the em-ployed with the same business-like trankness that men show their of-face employes. There need not be familiarity or intunary, but a certain amount of deference and courtest chould be shown to the wage current domestic service is exalted to its apper place amount the sciences.

The home helper should be next.

officient, well skilled in her profestionary should been inviolate all

sion, and should keep inviolate all family discussions and confidences that come to her knowledge. She should care for the materials and

property intrusted to her charge, with absolute honests.
In every large city there exists hundreds of homes where the house-hold work is performed by the mother here that the trained emergency helper finds a field of labor. With a finitele of from fits to one hun-ded nations, a properly qualified

'ng Such is Mrs. Spear's idea of what an expency home beiner should be but is to be housed that the adventures We house her to establish herself in

FEMININE FOIBLES :: By Annelte Bradshaw

annelle Bradshaw. TWO WAYS OF KEEPING WARM

THE TIMES BEDTIME STORY

DR. TABBY.

pier lives. Visited a sick friend, help-ed with the cooking, housekeeping; told fairy stories to her children, and wilked the floor with a three-weeks old baby boy.

October 7 till the present, hunted employment. Answered about thirty advertisements. Left city on two hours notice by long-distance call, to do a month's work for a country law-yer. Railroad officials said the place and 8,000 inhabitants. Got there about 9 p. m., and found myself in the far limits of Podunk—population about 800 inhabitants. No boarding houses no accommodations for women. Man-aged to get a small room in the hotel— a man's hotel. No fire except in the (Copyright, 1914, by F. E. Yoder,) aged to get a small room in the notel a man's hotel. No fire except in the spicking room for the men. Got a cold on my lungs. Next day found the position suitable only for a man stenographer. However, my expenses were generally paid and returned to Washington twenty-four hours later. Of put on mother's dust cap and be the nurse. said Tommy Tabby one morning, "and I will get the smallest suit case and the high hat and he the doctor, and Tollie

He spoke to Tessic, and the two kitty girls hastened to do as be said. They loved to play as doctor with Tom, but they were often sorry afterward, for he made them take musty things which he had mixed, and sometimes made them sick in earnest.

As Teone was putting on the capand Tottle was tying up her head they planned together to outwit Tom Tabley. They were ready before he was, and had time to empty out the nast, mixtures which he called medicine and put in some-thing else.

At last Tottle was in bed, and

At last Tottle was in bed, and Tessie, was antiously leaning over bet. A knock sounded at the door, and Tessie ran to see who it was. "Oh, for Table," she cried, as she opened the door, "I am so shot that you have come." My ever child is very ill and need medicine bodly." In the high last came Tom, with his suit case. His medicine bottles he found already on the wassisand, "H-m," he said, as he took off his hat. "I see that you have aiready brought out some of my medicines. I trust that you will give the young last enough to make her well.

He went to the bedsade and cheened his throat "Stick out your

reasonable, and adjustable.

She will purchase food supplies, prepare and serve family or company dis-cers, clear to same, and leave hitchen, partry, and refrigerator in samitary andition prepare menus for next day. ed his throat. Stick and convenient tongue, was his first command. Tottle obseed. A had case, a very bad case, announced Ton. You must take two tablespoonfuls of the

Book Review

There is just one trouble, and that is good as the book, by any manner of many in regard to "woman's evolution."

Italy is, however, a far different findly in the find of the findly is considered one of the greatest directions of the hour.

There is just one trouble, and that is with the illustrations. They are not as good as the book, by any manner of means of course it would not do for more than two looks to be illustrated by the same artist in a season, for at that one get both here are very few really good of the teacher-mothers.

is such nasty medicine; don't make me take it." Tommy frowned and hemmed. "You must take it." He went over to the washstand and took the bottle in his hand. Inside of it was water and salt and vinegar and goodness knows what, he thought

more times he did this, but Tottie took the medicine, and even Tessic tasted it once or twice beforehand. Tom's eyes grew big; what brave girls they were and what good felows to stand it that long. Just then the bell rang for lunch, and the sick kitty and her nurse hurried downstairs, leaving the doctor with his medicine. they acted as if they liked that med-icine. Tommy looked at the bot-



dose, and watched, ice, as foldered, it. "Oh, dear," she made a face, Thow very misty." Then she hid her face in the pillow.

Tessie turned away markly, and form went away to laugh at himself. He went out, but came back in a few minutes, and made Tottle lake another dose. "If that doesn't make her sick I don't know wint will, he said to himself. Four

the Suppose it wasn't my medi-cine after all?"
He ran to the bottle; there was just a drop left in it, and he tilted it me and took a law swallow. And then he felt like calling himself all sorts of names, for its was the one who mad been fooled. He had been runking those kitty sirls take lemon-

Too Much Heat Called Worse Than

Mayor Mitchel surprised many edumtors by retaining only two or the las board and appointing the present ter

This seems to define Mayor Mitchel's approval of the teacher-mothers even more definitely, since all those he appointed had solved their opinions in the matter before they were chosen.

ah ideal ventilating system for al

MILLER'S Self-raising you'll got the finest are the Buckwheat

> B. B. EARNSHAW & BRO. Wholeselers, 11th and M Sts. S. E.

Editorial For Women

Christmas Spirit. By BETH JEFFRIES.

some time or other the real old-fash-oned Christmas spirit sneaks into the midest and most businesslike of hearts. The Scrooge story is reacted thousands of times each year in the heart of some

Perhaps you are too busy to think sout Christmus, and perhaps you mean o be gensible, and really have no one o whom you really wish to give a glit.

to whom you really wish to give a gift. That does not make you proof against this funny desire at the Christmas season, to give some one something.

Now this cerie sensation may strike you at any time. It will come and clutch, and hold, and if you strive to crush it out of your heart nothing but hitterness rises up in its place, and remorse for the Christmases that might have been.

morse for the Christmases that might have been.

Why not be prepared for 12 Carry tucked away some place on your person a bill or even a piece of change, according to your station in life and your ideas. Then when the spirit hover to make not then nor heart struggles for a place on your station in life and your ideas. Then when the spirit hover to make not then nor heart struggles for a place on the lirst victim you see, with that piece of the first victim you see, with that piece of the make the head giddy and the heart victim you see, with that piece of the crowd does more than make the head giddy and the heart victim you see, with that piece of the crowd does more than make the head giddy and the heart victim you see, with that piece of the crowd does more than make the head giddy and the heart victim you see, with that piece of the crowd does more than make the head giddy and the heart victim you see, with that post for piece than make the head giddy and the heart of the pollular to the proposed of the crowd does more than make the head giddy and the heart of the pollular to the pollular to the pollular to the proposed of the crowd does more than make the head giddy and the heart of the remained the proposed of the crowd does more than make the head giddy and the heart of the pollular to the pollular

Peter's Adventures in Matrimony

By LEONA DALRYMPLE.

NO. 143. MARRIAGE AND EMOTION. WAS to learn much of feminine endurance in the days to come. For a day or so only Mary lay quiet in her room, her face and throat band-aged, her mother in complete authority 2. Ha her room, her face and throat bandaged, her mother in complete authority
of my house. Always when I asked her
how the burns felt she smiled and said
"better," though I knew she lied.
Given a bandaged man in similar
straits and he would have made the atmosphere uncompertable with his growls. how the burns felt she smiled and said "better," though I knew she lied. Given a bandaged man in similar straits and he would have made the atmosphere uncomfortable with his growis and grumbles and descriptions of his agony. Not so my wife. Mary's intensely feminine and intensely sympathetic desire to shield others from worry drove her to endless subterfuges to conceal her pain. She fibbed to her worry drove her to endless subteringes to conceal her pain. She fibbed to her mother and she fibbed to me, and—as my wife's willingness to gossip with the laundress had shocked and irritated me terribly—so now her thoroughbred sportsmanship compelled my utter resportsmanship compelled my utter resportsmanship compelled my utter resportsmanship compelled my utter response transparent vaseline, 2 ounces.

The doctor, to whom I had 'phoned when the gas oven exploded so disastrously to Mary, was dad's assistant. I spoke to him of Mary's fortitude.

"Most women are like that, Peter," he said, thoughtfully. "It's astonishing the state of the st

"I wonder why?"
"Nature implanted that instinct of plenty of fresh milk, cream, and plenty of water." fortitude in women, he said, grimly, for the good of the race. If men had to bear the children of the world the race would die out. A capacity for sufhair. My hair is turning gray and I am lering is the heaven-born gift of the only nineteen years old.

| A. I. — I would like a remedy for gray | A. M. G. — My sixteen-year-old boy is very nervous and blue and mopes a lot. Can you tell me what to do for fering is the heaven-born gift of the woman, and Nature intended every woman for a mother. Once in a while you find a woman not quite so brave as she might be, but for the most part I think women smile their way through illness where men growl.

Mary was inactive for possibly three days. After that she grew rebellious. Her hands had not been burned in the least, and on the fourth day she was in the kitchen at her work as usual. But the little accident had somehow drawn us closer to each other, as such things will.

Is very nervous and blue and mop a lot. Can you tell me what to do him.

Apply a proper oil to your hair twice a day and resorcin olument to scalp every other day. Sulphur and some iron solution or eintment half and half once a week. Take twenty-two drops of the incture of iron in water three times a day through a tube.

R. A. M.—Would you kindly tell me what to do him to some new school when his interest will be aroused.

R. A. M.—Would you kindly tell me what is the matter with my eyes? When I try to read they keep blinking and I cannot read with pleasure.

You must go to the neurological devery only and blue and mop a lot. Can you tell me what to do him him?

2. Tell me if enemas are injurious the relief way bring me about all the relief as day through a tube.

I Most of such troubles are cause by need of a thorough education Send him to some new school when his interest will be aroused.

2. Enemas are all right once in what is the matter with my eyes? When the little accident had somehow drawn the closer to each other, as such things will.

was only the entotional tenderness that suffering of any kind arouses. I was scriber, I curbed my moments of irritation, and Mary, sensible of the chance, was gentler, too. But I had a sickening feeling that it was only for a time, that imperceptibly we would drift back into irritable bickering and in-

drift back into tritable blekering and indifference. We lacked that blg community of interest that keeps marriage
from drifting on the shoals.
Yes, I was awake at last, I had
missed that big love which comes to
some mee—the big love that has for its
base friendship. Mary and I had been
lovers—we had never been friends—for
friendship presupposes some basic concentality outside of the electric affinity. f sex. How many men, I wondered, may that great love in marriage—one ten? No. One in fifty—no—maybe one

Ninety per cent of marriages probably depend upon the occasional onrush of artificial tenderness inspired by some-thing abnormal to keep them cemented. For humanity is absurdly sentimental. or number of acute sentiment, i man fancies that he has at last found its real self, when in reality he is in the futch of a strained and unreal minute but celors backward and forward with

materise and blinding glace.

To love my wife strongly I must respect not only her beautiful body. I must respect her mind and her intelligence, her viewpoint and her opinion. nual Mary was as rpettly colories to all respects save sex as a woman may be, she was frankly Nature's mytta-tion to the male, but Nature had not



"Others -- Imitations The Food-Drink for all Ages Rich milk, malted grain, in powder form. For infants, invalids and growing children. Pure nutrition, upbuilding the whole body. Invigorates nursing mothers and the aged.

More healthful than tea or coffee.

Take no substitute. Ask for HORLICK'S

The Daily Far From Dangerous; Acid a Blood Necessity



LL flesh is grass. Therefore whoever can maktwo blades grow where only one grow before, will not only deserve better of mankind that a whole race of military politicians and aristograts, but will thus enhance the health and happiness of the human Almost every day persons who consult me for all

ments of every possible nature express the opinion, derived from doctors, doctrines or documents, that acidare taboo, because inimical to all the ills that sophistic cated flesh inherits or acquires.

Therefore, take deeply to heart-or rather to the stomuch-this fact, that acids are not only and almo always harmless, but actually desirable and necessar. Reason and facts should weigh more heavily with everybody than mere opinions, repetitions and traditions, and

Answers to Health Questions

Grateful—I. Does cleaning teeth with hydrogen peroxide improve them? I use it once daily. Z. Could you use peroxide to whiten skin tanned by outdoor work? 3. I seem to have an enormous appetite and am hungry two hours after eating a hearty meal. I am never sick. What would you advise?

1. No, it is very beneficial and hygienic, as it kills germs that lodge in the mouth and purifies the mouth in general.

with a blood pressure of 200 to be operated upon fo- fibroid tumors?

Fibroid tumors should be treated with radium. With a blood pressure of 200 to be operated upon fo- fibroid tumors?

Fibroid tumors should be treated with radium. With a blood pressure of 200 to be operated upon fo- fibroid tumors?

Fibroid tumors should be treated with radium. With a blood pressure of 200 to be operated upon fo- fibroid tumors?

Fibroid tumors should be treated with radium. With a blood pressure of 200 that is the way to have it done.

J. S.—I have greasy hair, will you kindly prescribe something for this?

Apply every night to the hair: Glycerine, 4 drams; benzoin, 1 dram, and water, 2 ounces.

S. L. H.-1. Will you kindly suggest a good remedy for an itch on my limbs? 2. Also a good remedy for dandruff? 1. Apply to the parts: Calamine, 2½ geon. drams; glycerine, 2 drams; zinc oxide, 3 drams; phenol, ½ dram; lime water and rose water enough to make 3 what

Steady Reader-What should I eat or do in order to put on more weight? what the frailest little woman will bear with a smile, where a great hulking brute of a man will go all to pieces."

"I wonder why?"

"Nature implanted that institute of a man will go all to pieces."

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"Nature implanted that institute of a man will go all to pieces."

A. W -- Would it be advisable

G. W. T.-Please give me a remely for receding gums.

Apply glycerite of tannic acid with a soft brush. L. M .- Can a hump be removed from

the nose with perfect safety and without any injurious effects after removal? Yes, if this is done by a good sur-F. A. K.-Will you kindly tell me what I can do for bunions?

Have them removed by a good sur-

strength failing me. Am weak, de-spondent, and unable to perform the duties which were assumed earlier in life, while my ambition for work and

green vegetables, fruits, cereals, oat meals and tender meats. Take more exercise and sleep in a well ventilated

Apply a proper oil to your hair twice a him?

Apply a proper oil to your hair twice a him?

2. Tell me if enemas are injurious tay and resorcin ointment to scalp every They bring me about all the relief

1. Most of such troubles are caused by need of a thorough education. Send him to some new school where his interest will be aroused. 2 Enemas are all right once in a while but figs, apples, oranges, and

the little accident had somehow drawn the little accident had somehow drawn the little accident had somehow drawn to little accident had somehow drawn us closer to each other, as such things will.

I wondered at first if the agitation I had felt was a return rush of that old love that I had felt for my wife when I will advise you.

I wondered at first if the agitation I partment of the Georgetown University for readers of this paper on medical hydrological analysis. Then I will advise you.

I was only the emotional tenderness that was only the emotional tenderness that I could use to make my nair thick?

A—Use once a day sulphur cinturent of general interest letters will be ensured personally, if a stamped and education of general interest letters will be ensured personally, if a stamped and education of general interest letters will be ensured personally, if a stamped and education of general interest letters will be ensured personally, if a stamped and education of general interest letters will be ensured personally. dressed envelope is enclosed. Address out transfer to Dr. L. K. Hirshberg, care this office.

GROGAN'S

"The House of Plainly Marked Prices"

A Customer Suggested

-that it would be a great help to parents if children's playthings could be purchased here and charged on their accounts with us.

We've added such a line for the Christmas trade and offer them on the same liberal credit terms that we grant in selling

Gifts For Children Are Here

We believe you'll appreciate this opportunity to buy many of the We believe you'll appreciate this opportunity to buy many of the children's presents where you can have them charged on an account. The lines do not include cheap, silly toys, but are made up of the substantial, pleasing articles that give lasting service. At very low prices you'll find Steel Wagons, Hand Cars, Tricycles, Velocipedes, Automobiles, Swinging Hobby Horses, Doll Go-carts, Persubulators, and Brass Beds, and Children's Wood and Reed Rockers.

China Closet for \$22.50

The patterns at this price are worthy of special mention, because of their beauty and the great value offered for so low a figure. They are constructed of quartered, sawed oak and all surfaces have the heautiful hand-rubbed. the beautiful hand-rubbed, piano polish. The rounded ends and swell fronts are inclosed in heavy bent glass, making a most at-tractive piece.

For \$12.50 we can give you very good looking China Closet, in nicely finished oak, and from this price our line ranges through res of styles up to as high as

frames in highly polished oak at mahonany finish, with a choice of velour or Chase leather cushions Some very handsome styles atpriced at \$15. These have the hand-rubbed, plano finish, with cushions upholstered in superior grades of vefour or the Chase leather. The backs are adjusted by a movement of the body with out using the hands, and all have comfortable footrests. Still be-

ter patterns are at prices up to \$35.

Morris Chair for \$8

These styles have substantla

We make, line, and lay all Carpets free, and charge nothing for the waste in cutting to match figures.

Peter Grogan & Sons Co., 817 to 823 7th St.

Catholic Women Await Pope's Feminism Policy

what is the status of feminism in Italy and she does not know nor understand the interest of feminism in its accepted sense. While in the interest will give you the names, provided she is one who reads the daily papers, of the convention, we are explained to hear the cry that they are no place in politics, here in Rome, where the church regards woman's their convention of their own particular classifications, but as a great wave of sexulating political.

Indeed, Pope Pius X intimated to the Indeed, Pope Pius X intimated to the thinkers,

IOMIC (By mail to New York), Nov., "athelic women of the Union-Catholic women the world over me saiting with interest the annuance-cut of the policy of Pope Benedict in regard to the so-called woman. The attitude of the so-called woman is estion—feminise.

The attitude of the late Holy Father.

The attitude of the late Holy Father. ope Paus X is well known, and, that ward establishing religious instruction her and a glorious good time with the archive as Benedict XV is deviating from in the schools and the gaining of perspectation of the property of the property of the property of the property of the person of the property of the person of the property of the person of the pers

HYLLE Hy Maria Thempson Devices Instructions by Periv I Johnson S York: Tre Century Company Or Bur-

Bad Ventilation in Schoolrooms

be simple and somewhat homely policy insiden for religious processions.

Whether Pope Benedict XV will seminate and somewhat homely policy insiden for religious processions.

Whether Pope Benedict XV will seminate and somewhat homely policy insiden for religious processions.

Whether Pope Benedict XV will seminate and somewhat homely policy insiden for religious processions.

Whether Pope Benedict XV will seminate and somewhat homely policy insident of the City of New York seminates are well-instance and the greater for somewhat homely policy in the content of the City of New York will be removed as the field of endcayor is a marked electron in the class point of the cl

TELL YOUR GROCER to send MildER'S Ser